Manual:

Key - What they're assigned to
- Q - Assigned to PageUp
- W - Assigned to PageDown
- Z - Assigned to OK
- X - Assigned to Cancel
- Space - Assigned to OK
- Left - Assigned to moving left
- Up - Assigned to moving up
- Right - Assigned to moving right
- Down - Assigned to moving down
- Insert - Assigned to Cancel
- Page Up - Assigned to PageUp
- Page Down - Assigned to PageDown
- Numpad 0 - Assigned to Cancel
- Numpad 2 - Assigned to moving down
- Numpad 4 - Assigned to moving left
- Numpad 6 - Assigned to moving right
- Numpad 8 - Assigned to moving up

You can also use your mouse to move and interact left click allows the movement and selection interaction.