If you destroyed the terrain for good you can step back and see it fixing itself.

Xbox Controller:

Left Joystick: Move
Right Joystick: Camera
A: Jump
Y: Switch manipulation mode
Right Back Trigger / X: Terrain anheben
Left Back Trigger / B: Terrain absenken

Left Button (select): Reset to last Spawn
Right Button (menu): open/close menu

Mouse & Keyboard:

WASD: Move
Mouse: Camera
Space: Jump
Q: Switch manipulation mode
Left Mouse: Terrain anheben
Right Mouse: Terrain absenken
R: Reset to last Spawn
esc: open/close menu